



Manipal University Jaipur Programme in Place on Student Food Insecurity

Food insecurity is a growing concern on college and university campuses worldwide. As students pursue their higher education, many face the harsh reality of not having enough to eat regularly. This issue not only affects their physical health but also impacts their academic performance and overall well-being. Recognizing the severity of this problem Manipal University Jaipur have been implementing programs to address student food insecurity, ensuring that no student goes hungry while pursuing their dreams.

Food insecurity can have a profound impact on students' academic success. Hungry students often find it challenging to concentrate in class and may experience reduced cognitive abilities. This can lead to lower grades, decreased class attendance, and a higher likelihood of dropping out of school. To address these issues, Manipal University Jaipur is taking proactive steps to support their students. Manipal University Jaipur established on-campus food pantries where students in need can access essential groceries and food items for free or at a significantly reduced cost. (Picture1 & 2) These pantries are discreet and offer a wide variety of non-perishable and fresh food items. Manipal University Jaipur promotes students with meal plans to share meals with their peers in need. This program reduces food waste and also ensures that students have access to nutritious meals. Educational campaigns and workshops on budgeting, meal planning, and cooking skills are helping students manage their resources more effectively. (Annexure1,2,3&4) These programs empower students to make healthier and more affordable food choices. Manipal University Jaipur is partnering with local food banks and nonprofits to enhance their food security initiatives.(Picture 2) This collaboration helps expand the reach of these programs and provide students with additional resources. Implementing programs to combat student food insecurity has yielded positive outcomes. (Annexure 5) Students who receive support through these initiatives report improved academic performance, reduced stress, and an increased sense of belonging within the university community. Furthermore, these programs promote a culture of empathy and solidarity among students.(Picture 3&4)

Addressing student food insecurity is a crucial step in ensuring that all students have an equal opportunity to succeed in educational pursuits. Manipal University Jaipur is increasingly recognizing the importance of these programs, not only for the well-being of their students but also for the overall success of the institution.



Picture 1: GHS Mess in the University Hostel Campus



Picture 2: Food Mess at MUJ Campus



Picture 2: Food Outlet in Academic Block of MUJ



Picture 3: Hunger prevention outreach activity



Picture 4: dining at NGO



Picture 5: Food Outlets in MUJ Campus



Picture 5: Food Outlets in MUJ Campus facilitating various food choices to the students



Picture 5: Food Outlets in MUJ Campus facilitating various food choices to the students



Picture 5: Food counter in MUJ Campus facilitating various healthy food choices to the students

Annexure 5

Courses Offered

Course Code	Course Name	Lab/Theory	Semester
HA1101	Food Production Foundation - I	Theory	I
HA1131	Food Production Lab - I	Lab	I
HA1201	Food Production Foundation - II	Theory	II
HA1231	Food Production Lab - II	Lab	II
HA2101	Introduction to Indian Cuisine	Theory	III
HA2131	Indian Cuisine Lab	Lab	III
HA2201	Global Cuisine & Patisserie	Theory	IV
HA2231	Global Cuisine Lab	Lab	IV
HA3241	Culinary Management – I (Specialization)	Lab	VI
HA4141	Culinary Management – I (Specialization)	Lab	VII
BT6202	Plant Biotechnology	Theory	II
BT1201	Mycology, and Plant Pathology	Theory	II
BT1101	Diversity of Lower Plants	Theory	I
BT1212	Microbial Nutrition and Growth	Theory	III



**MANIPAL UNIVERSITY
JAIPUR**
(University under Section 2(f) of the UGC Act)

